



Timber Ridge Newsletter

August 2023 Issue

The Barking Bulletin

NEXT MEETING

Monday, August 14. CLUB PICNIC at Camp Bandy.

To best plan for the picnic, please fill out this RSVP link by August 11:

<https://forms.gle/NNcCbQBSxdtKFXS67>

6:00 PICNIC 6:35 MEETING 7:00 DR. NIKKI PRESENTATION

(See page 13 for more info about Dr. Nikki)

Upcoming

Events

**2023 Labor Day Agility Trial:
(September 1-3)**

**2023 Fall Scent Work Trial:
(September 9-10)**

**2023 Fall Fast CAT:
(September 16-17)**

**2023 Fall Obedience Trial:
(November 5-6)**

**2024 February Obedience
Trial:
(February 3-4)**

Consider

Volunteering

Volunteers are always needed for all our events. It is a great way to meet people and learn how these events run.

Plus, what could be more enjoyable than a day spent with dog people?

As events are posted here in the newsletter, please consider helping the club. None of these activities can continue without your help!



AMERICAN
KENNEL CLUB

9 Pupsicles to Make for Your Dog This Summer

By Richard Rowlands

Help your dog beat the heat with these delicious and healthy summer pupsicles. Keep your pup hydrant and happy all summer long with these dog-safe treats.

The hot summer weather can be too much to bear without a cold, tasty treat. For humans, many turn to ice cream, but your dog deserves a fun treat of their own.

Pupsicles are a delicious way for your dog to cool off on a hot summer's day. Made from dog-friendly ingredients and frozen for extra fun, your dog will have a blast licking away at these seasonal treats. Read on for 9 fun pupsicle recipes to make for your dog this summer.

1. Peanut Butter Pupsicles

This lip-licking combination is sure to be a hit with your pup! You can freeze the mixture into ice cube trays for the perfect portions or use a popsicle mold.

Ingredients:

- 1 cup peanut butter (make sure it doesn't contain harmful sweeteners like Xylitol)
- 1 cup plain Greek yogurt

Directions:

1. Mix the yogurt and peanut butter together in a bowl
2. Pour mixture into mold or ice cube tray
3. Freeze until solid



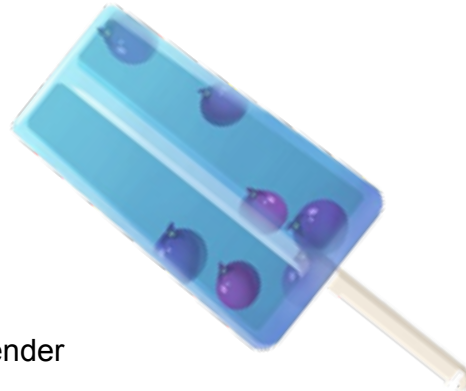
If you want to add a stick to your pupsicle, go for a dog-friendly option instead of your typical popsicle stick. Things like baby carrots and dog treats make great "sticks" for pupsicles.

2. Blueberry Pupsicles

This pupsicle recipe is not only tasty, but it's full of antioxidants and fiber. Blueberries are also low in calories and rich in vitamin C, making them a healthy treat option for your dog.

Ingredients:

- 1 cup of blueberries
- 1 cup plain Greek yogurt



Directions:

1. Puree the cup of blueberries in a blender
2. Add the Greek yogurt to the blender and blend the blueberries and yogurt together
3. Pour mixture into molds or an ice cube tray
4. Freeze until solid

3. Chicken Pupsicles

These pupsicles are great for dogs that prefer their treats a little more on the savory side. The stock and water combination is also a great way to keep your dog hydrated, making these pupsicles extra helpful on a hot summer day.

Ingredients:

- 1 cup of low-sodium chicken stock
- ½ cup of water
- ¼ cup of chopped, cooked, unseasoned chicken meat

Directions:

1. Mix the stock, water, and chicken together in a bowl
2. Pour mixture into molds or an ice cube tray
3. Freeze until solid

4. Pumpkin Pupsicles

Pumpkin puree is not only rich in vitamins like vitamin A, C, and E, but it also has a high soluble fiber content that makes it beneficial for digestive health. In fact, pumpkin is considered a superfood for your pup, making these pupsicles a healthy and nutritious treat.

Ingredients:

- ¾ cup of 100% pumpkin puree (not pumpkin pie filling)
- ½ cup plain Greek yogurt

Directions:

1. Puree the pumpkin and yogurt together in a blender
2. Pour mixture into molds or an ice cube tray
3. Freeze until solid

5. Banana Pupsicles

Bananas are a tasty snack for your pup and a great source of vitamins and nutrients. They're also full of fiber and potassium, as well as vitamin B6 and vitamin C. This makes them a good, low-calorie snack for any dog.

Because of their higher sugar content, however, bananas (and these pupsicles) are best served in moderation as an occasional treat.

Ingredients:

- 2 bananas
- ¼ cup peanut butter (avoid artificial sweeteners like Xylitol)

Directions:

1. Puree the bananas and peanut butter in a blender or mash the bananas by hand and mix together
2. Pour mixture into molds or an ice cube tray
3. Freeze until solid



6. Strawberry Pupsicles

Similar to blueberries, strawberries are a great source of antioxidants and fiber for your pup, and they also contain an enzyme that helps whiten your dog's teeth. Like all fruit, you should feed them in moderation because of the sugar content, so make these pupsicles a special summer treat.

Ingredients:

- 1 cup of blueberries
- 1 cup plain Greek yogurt

Directions:

1. Puree the cup of blueberries in a blender
2. Add the Greek yogurt to the blender and blend the blueberries and yogurt together
3. Pour mixture into molds or an ice cube tray
4. Freeze until solid

7. Watermelon Pupsicles

Not only is watermelon a quintessential summer fruit, but its high water content also makes it a great way to keep your pup hydrated in the summer heat. Plus, watermelon is low in calories and rich in vitamins A, B6, and C.

Ingredients:

- 2 cups of seedless watermelon, diced into small pieces
- $\frac{3}{4}$ cup of plain Greek yogurt

Directions:

1. Puree the watermelon in a blender
2. Pour the watermelon puree into a mold or an ice cube tray
3. Layer the watermelon puree with a spoonful of yogurt on top
4. Freeze until solid



8. Carrot and Bacon Pupsicles

What could be tastier for your dog than a bacon-flavored pupsicle? With the carrots added, these pupsicles are also a great source of vitamin A, potassium, and fiber. The crunchy bacon and carrots also combine for a fun texture your dog will love.

Ingredients:

- ½ cup of shredded carrot
- 2 slices of bacon, cooked and crumbled
- 1 cup plain Greek yogurt

Directions:

1. Combine the yogurt, bacon, and carrot in a bowl
2. Pour mixture into molds or an ice cube tray
3. Freeze until solid

9. Apple and Peanut Butter Pupsicles

These fun pupsicles combine the tasty flavor of peanut butter with the vitamins, fiber, and crunchy texture of apples to create a healthy and delicious summer treat for your pup. The apple also works as a fun play on the pupsicle stick, making for a cute presentation for any summer cookout or dog birthday party.

Ingredients:

- 1 cup of peanut butter (pick a dog-safe brand)
- 1 cup plain Greek yogurt
- 1 apple cut into chunks

Directions:

1. Mix the peanut butter and yogurt in a bowl until smooth
2. Pour mixture into molds or an ice cube tray
3. Place an apple chunk into each mold
4. Freeze until solid



Create a Tasty Summer Treat Your Pup Will Love

With so many delicious pupsicle options to choose from, your dog will have lots of fun exploring new flavors this summer season. Not to mention, these healthy and refreshing treats will help keep them cool and hydrated in the hot weather. So, go ahead and try one of these recipes, or get creative with other fun dog-friendly ingredients!

Canine Heat Injury *Fast Facts*

Veterinary Tactical Group



www.vettacgroup.com

1. Body temperature is not a good predictor of heat injury in dogs. That is, the number alone can't tell you if a dog is getting "too hot."

Some athletic dogs can tolerate working temperature of 106° F and higher, while less fit dogs may suffer severe heat stroke at those temperatures. The best predictor of getting "too hot" is their behavior: uncontrollable panting, tongue hanging out and "floppy:" (look for subtle loss of muscle tone in the tongue), slow to respond or ignoring commands, shade seeking, subtle loss of coordination like small stumbling or tripping.

2. When a dog incurs heat injury, *rapid cooling* is the most important life- saving step.

There's an unfortunate myth that "cooling too fast could put them into shock." They have heat stroke: they are already in shock! In heat stroke, BODY HEAT is the immediate life-threat: there is **no benefit** to leaving them HOT for an extended time. By doing this you are essentially allowing the life-threatening problem to continue "cooking" and causing further harm to the dog.

3. Cooling methods: Ice water is okay, wet towels are okay. Anything that *is cooler than the dog is okay!*

Another unfortunate set of myths is that certain cooling methods are harmful, slow down cooling, or even cause the dog to get warmer. Some methods of cooling *are* faster than others, and we recommend using those if available (cold/cool running water, water troughs, ice water, etc.) but in reality, anything that is colder than the dog will cause the dog to cool down to some degree. Wet towels do trap in tiny bit of heat ("wetsuit effect") but cannot actually cause the dog to get warmer. Ice water on the skin does cause some vasoconstriction but not enough to slow cooling or cause any other significant medical complications. Cool the dog down with whatever you have available in your immediate environment. Stop cooling at 104° F (40° C) ("Safe temperature") and continue monitoring the dog's temperature as they may drop below normal (below 99° F/ 37.2° C) and need to be rewarmed to keep within a normal range.

4. Cool first, then transport.

A 10-minute trip to the veterinarian without first cooling to "safe temperature" (104° F /40° C) is ten minutes longer that you've let the dog "cook." If you don't have a thermometer, allow at least five minutes of any rapid cooling technique before transport. Remember excessive **body heat** is the immediate threat to life. The veterinarian is no more skilled at hosing down a dog than you are in the field! Veterinary treatments like IV fluids and antibiotics are secondary treatments that are important, but not intended to stop the *immediate life-threat*. You can do the best life-saving treatment with rapid, immediate cooling.

That's my dog!

Wags & Brags

Chip-Chip-HURRAY!!

Chip earned his CDX in grand fashion by going High In Trial at the Australian Terrier National Specialty in Colorado on June 29, 2023 under Judge Pat Maynard. Pat, also has owned several obedience Australian Terriers and had very nice things to say about Chip! By earning his title before June 30, he is now qualified for the Obedience Classic in Florida this December.



We went to the Marshfield Area Kennel Club's show a couple of weeks ago and Chip took a NOHS Group 4 under judge Rodney Herner on Saturday and on Sunday took a NOHS Group 2 under judge Robert Hutton. He remains in the top 10 NOHS and fingers-crossed he will remain there for an invitation to the NOHS Invitational this December in FL.



I finally have some brags!!!

Django does not like posing for photos, but the one with the ribbons one came out pretty good (for him anyway). The portrait of **Gypsy** came out great! She is such a cutie! I think **Django** is in love!

"**Django** qualified in open standard; he was super close to a second Q and his open title, but no such luck. He doesn't really care though because he got a new sister this summer, **Gypsy**. She is about 11 months old and she and **Django** just love playing together."

Submitted by Karen Lemke



Reese Is Down On The Farm!

On Saturday, July 22nd,
Reese visited Indigo Hills Farm where
she passed two Farm Dog tests.
She earned her AKC Farm Dog title!



I tipped Reese upside down to perform final task of each test, the inspection of the dog for farm debris.

Submitted by Sarah Krueger

Reese Gets Into The Act

Reese (Reese De Hemert) got her first AKC agility title at Clever K9's! She Q'd in ACT1 Jumpers.



Owned and loved by
Sarah Krueger



From Catching Discs To Hunting Rats!

On Saturday, July 1, **Ruger**, **Yahtzee**, and **Zuzu** played Updog (disc). **Zuzu** and Dave won 3rd place in their division in Throw and Go.

On Saturday, July 8, **Ruger** and **Never** participated in barn hunt. **Ruger** earned his 2nd leg towards his Open title with a 1st place and a "High In Class". It was **Never's** very first time and he qualified both times for two Novice legs with 2nd place both times!

Submitted by Amy Siomeling



Braggs
are due August
31st
for the
September
Newsletter!

TIMBER RIDGE OBEDIENCE CLUB OF CENTRAL WISCONSIN, INC. MEETING MINUTES

July 10, 2023

Iverson Park, Stevens Point

Meeting was called to order: at 6:33 pm by President Dana Nelson.

Members in attendance: Lisa Huber, Rose Gottung, Kathy Schuh, Sarah Krueger, Dana Nelson, Chris Jarvis, Jocelyn Reid, Sherry Salzman-Scott, Karyn Kopecko, Karen Lemke, Karlene Ferrante and Karen Lee.

Minutes of the last meeting: Motion made by Karen Lemke to dispense with the reading, was seconded by Karen Lee and the motion was carried.

Board Report: No new updates from the Officers & Board.

Treasurer's Report: Read by Dana - Approved, subject to audit.

Committee Reports:

1. **Website:** Karen & Jona - no updates
2. **Awards Committee:** Serena Menge & Amy Sjomeling - No updates.
3. **2023 Labor Day Agility Trial:** (Sept. 1-3) Chair Lisa Huber, Judge Karl Blakely. Chief Course builder Chris Heckle, Volunteer Coordinator Lori Schuman.
4. **2023 Fall Scent Work Trial:** (Sept. 9-10) Lion's Camp in Rosholt. Chairperson Sherry Salzman-Scott, Judges Robin Taylor, Trish Nienow, & Cindy Anguilo. Elements of Buried and Interior will be offered on Sat., with Container and Exterior offered on Sun. Two trials of Detective will be offered both days.
5. **2023 Fast CAT:** (Sept. 16-17) Operator Fast & Fun, Inc. Held at Country Paws Canine Athletic Center. Jona Decker will be the Event Chair with Evette Danielak as Co-Chair, and Amy Sjomeling on ribbons.
5. **2023 Fall Obedience Trial:** (Nov. 5-6) Chair Jennifer Kressin, Judges Fred Buroff and Dr. Hallie Ray.
6. **2023 Fall Agility Trial #1:** (Nov. 10-12) **Canceled** due to the loss of the Judge to retirement, & despite extensive efforts, TR was unable to hire another Judge for the date. Discussed that an AKC application for 2024 may be submitted to retain the date for 2024 as a Judge has already been hired. A Trial Chair will be needed as well as a venue secured.
7. **2023 Fall Agility Trial #2:** (Nov. 24-27) **Canceled** & anticipated TR will be forfeiting the date.
8. **2024 Spring Obedience Trial:** (Feb. 3-4) Co-Chairs Cindy Bohnert & Kathy Schuh; Judges Chuck Klein and Anna Lorenz.
9. **2024 Spring Agility Trial:** (April 27-28) Chair Jane Zank; CSZ is no longer available due to a conflict with another Club less than 100 miles away. Judge is Mark Rudd..
10. **2024 Scent Work Trial:** 2024 dates TBD following the Sept. 2023 trial.
11. **2024 Spring Agility Trial:** (May 5-7) Date has been **forfeited** by TR.

New Business:

1. none

Guests: Renee Yirkovsky

Adjournment: 7:10 pm

Next Membership Meeting:

Summer Potluck will be held at Camp Bandy on August 14 at 6:00 pm, followed by the Membership Meeting at 6:30 pm. Dana will send out an Google Invite, due by Aug. 10 for a final head count. Members are encouraged to bring appetizers, side dishes or a dessert. A Speaker will be presenting - Dr. Nicki - on Chiropractic Treatment.

Respectfully submitted by Secretary Lisa Huber.



The Scent Work committee is in need of a golf cart or ATV to use during the next trials at the Wisconsin Lions Camp in September. If a member has one we could use, please let me know. We would like to use it from Friday afternoon, September 8, through late afternoon/early evening, Sunday, September 10.

Sherry Salzman-Scott

Here is a little information about our guest speaker, Dr. Nikki VanDenHeuvel!

Dr. Nikki grew up on a small farm in Northeastern Wisconsin where her love and care of animals began. After graduating from the University of Wisconsin – Madison, she attended Palmer College of Chiropractic where she received her Doctor of Chiropractic degree. Dr. Nikki is an American Veterinary Chiropractic Association (AVCA) Certified Animal Chiropractor, licensed to practice in Wisconsin. Using Chiropractic treatments, Dr. Nikki has been helping all breeds of animals, large and small since 1997.

In 2007, she began looking closely at a more holistic spectrum of the healing equation. In studying nutrition and JointYoga Method, she now offers those healing capabilities to all animals, as well as to members of her own “pack,” that being humans.

Dr. Nikki provides private house and barn calls throughout the state. Nutritional Healing appointments are available at her office in Wisconsin Rapids.

Dr. Nikki lives with her husband and their two dogs in Wisconsin Rapids, WI.

HELP NEEDED!!

Hello everyone!

Our **Fast CAT** event is **FAST** approaching (Sept 16-17). We are in need of some help in order to make this event a success.

Here is what is needed:

- at least two club members who will be present on Sunday to be on the committee
- someone to do lunch and hopefully hospitality (hydration mainly) for the volunteers on Sunday
- someone to own a photo backdrop setup

It was great to see the enthusiasm to make this Fast CAT happen, so please consider helping so this event will be a FUN and SUCCESSFUL!

Contact Dana or Jona for more details.

AGILITY TRIAL CHAIRS NEEDED!! If we are going to continue to have AGILITY trials as a club, we must have trial chairs. We have an APRIL 2024 trial chair (thank YOU Jane Zank) but still need a September 2024 and November 2024 one. We can't move forward with agility without a trial chair. Contact Dana for more details.

Take photos of your doggies engaged in summer activities!

I will be doing a feature in September called

“What I Did On My Summer Vacation.”

Submit them (include the names of all dogs pictured)

by **August 20th!**

July 2023 Treasurer's Report

Opening balance checking	5,210.86	
CSZ	-640.50	Deposit 2024 agility trial
Jona Decker	-1,345.60	Fast CAT ribbons
Deposit	1,098.37	IRS refund for estimated pmt.
Total	4,323.13	
Savings Balance	17,787.30	
Balance CDs	8,603.04	
Total Assets	30,713.47	
Pineries – CDs	2,760.05	
	2,824.35	
	3,018.64	
	8,603.04	

TRDTC Officers & Contacts

	<u>Term Until</u>
President: Dana Nelson nelson.dana22@gmail.com	1/31/2024
Vice President: Laurie Bandy laurie@campbandy.com	1/31/2025
Treasurer: Ann Hanson alhanson1@gmail.com	1/31/2025
Secretary: Lisa Huber lhuber250@hotmail.com	1/31/2024
Board Members:	
Rose Gottung rosesbeagles10@gmail.com	1/31/2024
Kathy Schuh kschuh@charter.net	1/31/2025
Sherry Salzman-Scott s.salzman@frontier.com	1/31/2025
Jocelyn Reid jocelynreid23@gmail.com	1/31/2024
Newsletter: Sarah Krueger sarahinpaca@charter.net	
Club Website: http://www.trdogtraining.com	

Camp Bandy Members Only Training Times



Sunday, August 6

11-12:30 | Obedience, Rally & Individual Skills

12:30 – 2 | FULL COURSE Agility

Sunday, August 20

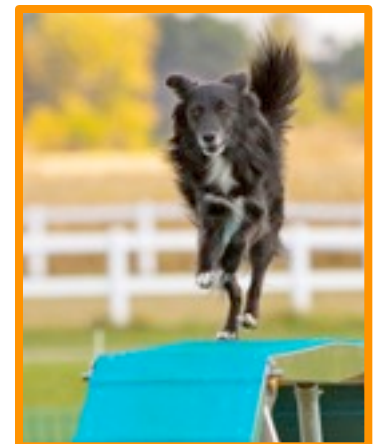
11- 12:30 | FULL COURSE Agility

12:30 – 2 | Obedience, Rally & Individual Skills

Members set up rings and courses

GUIDELINES

1. Please gate off the section you are working on during separate skills.
2. Please ask if the person is done using the equipment before you start working your dog.
3. Please have gating across the front while running full course agility.
4. Please have dogs on leash while entering and exiting the building.



A REMINDER FROM THE PRESIDENT!

Because we have recently added many new members (YAY!!) here are a couple of reminders about training time:

1. Members set up the rings and courses. If you aren't able to help or arrive later, please don't jump in and start using things that others have spent the time setting up before they have had a chance to use the ring/course. We have Camp Bandy for this time frame only. Many hands make work light.
2. Crate your dog(s) unless you are working them in the ring/course or in a spot in the arena. Be mindful of other people and dogs.
3. Agility time is for a full course. Agility time is set aside so people can run full courses. If there are a lot of people, work together to change jump heights, etc. Gate off the area by the door.
4. Obedience rings should be used to work your dog either on a 'run thru' or a set of exercises for a reasonable amount of time. Everyone should have time in the ring. If you wish to work on an individual skill for agility, great. It means one piece of equipment (so no multiple pieces of agility equipment during obedience time).
5. Communicate with each other. If someone is taking too much time, tell them. If you need to leave in 20 minutes - ASK if you can go next. If someone sets up a course or a ring say thanks. If you need help with something, ASK. This is a great group who is more than willing to help out.
6. If you put food on the walls to mark the go-out (or for any other reason) please clean up the spot, remove the food, etc.
7. If you are there alone or just a few people, work it out, if you don't need a ring, great. You don't have to set it up. You can be there for the full 3 hours or only 15 minutes.
8. Training time is meant to be used by any/all members. Keep in mind people use these times in different ways. Whatever way you use the time...enjoy training your dog!

Many great friendships have been made during this time!